

on Sunday

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PARGH!
stunts

HERE'S **NATASHA HAMILTON** looking for her career. The **ATOMIC KITTEN** wore this naff safari get-up to launch mobile network Three's Xmas app CalenderMe, which sees members of the public in silly scenarios. Only problem is Natasha's ended up looking the biggest twit.



KELL-ED OFF AT LAST

KELLY BROOK and **DAVID McINTOSH** have become the most tedious on-off couple in showbiz.

But you won't be hearing any more as Kelly ended it on Friday. Our mole said he had a wobbly and went off to see Big Brother Z-lister **AISLENE HORGAN-WALLACE**. Our source said: "Kelly

told him it was over for good this time. He got straight into his car and rolled round to Aisleyne's. Then they drove to his flat where they stayed the night.

"It was David's big birthday night last night and Kelly was nowhere to be seen. It's all about Aisleyne now."

Not exactly traded up, has he?



Only Way Is Rehab

TOWIE'S JAMES ARGENT has gone into rehab for Christmas to curb his hard partying ways.

Loveable James has checked into The Priory where he will get 24-hour care to help him overcome his demons.

It comes after he was suspended by the show for allegedly failing a drugs test.

Last month's decision follows a string of other events in larger-than-life James' life including a police manhunt in August when he failed to make a flight after a night out.

To say he's had better years than 2014 would be an understatement.

But this decision to head for rehab so he can get sorted and back on our screens is finally a bit of good news.

He's told pals he wants to get himself in better shape, tone down his lifestyle and win back on-off girlfriend **LYDIA BRIGHT**.

In fact, he's so committed he spent his 27th birthday on Friday at the clinic, and will

JAMES' XMAS IN PRIORY

stay in there over Christmas. A source said: "James was devastated by his suspension from the show and is truly sorry for letting down the cast and production team on the last series."

"He's made the brave decision to spend his birthday and the festive period in rehab.

'Upbeat and positive'

"He knows this is the most difficult season to manage his lifestyle so he is removing temptation by ensuring he can't go out. "He is feeling really good about his time there and is upbeat and positive."

The source added: "He wants to win Lydia back, too. "Seeing his mates like **MARK WRIGHT**

settle down has made him realise he needs to grow up a bit and stop acting like he has been.

"He wants to prove to her he is husband material and that they can settle down and have a family together eventually."

"James speaks to Lydia on the phone most days and she's told him she hopes to visit him on Christmas Day."

Fair play to James for getting his a**e in gear and sorting himself out.

And good on his family and friends for sticking by him even when he was acting up.

Christmas Day spent in rehab doesn't sound like a barrel of laughs - but it'll be worth it in the long run.

And if Lydia visits at least he won't be eating turkey on his own.



ELLIE GOULDING and **McBUSTED's DOUGIE POYNTER** are one of the closest showbiz couples around.

In fact, it's almost like they're one person.

With shimmering

manes of golden hair, matching black jeans and woolly hats, the pair looked the spitting image of each other out and about in London.

It's so cutesy that it's actually making us a bit

sick. So we're naming and shaming them with our new Two Peas in a Pod stamp to stop other celeb couples following in their footsteps. We're begging... don't do a "Dellie".

OUR story last week that **ANOTHER LEVEL** will once again be getting freaky with their fans has divided opinion.

Natalie was for the reunion with Andy firmly against. In a poll, 80 per cent of Biz on Sunday readers backed Nat... Andy's off to order his tickets now.



MEL B RESTORED HARMONY

IF you haven't heard of new girlband **FIFTH HARMONY** then you've obviously been living under an X-Factorless rock.

The five-piece, left with our Natalie, made up of **CAMILA CABELLO**, **ALLY BROOKE**, **LAUREN JAUREGUI**, **DINAH-JANE HANSEN** and **NORMANI HAMILTON**, finished third on the US version in 2012.

Under **SIMON COWELL's** guidance they took the US by storm and are set to dominate here when they release debut

single Sledgehammer tomorrow. Naturally, they paid a visit to the Biz on Sunday towers as soon as they touched down in the UK.

Normani revealed why she's extra excited to perform on tonight's UK X Factor.

She said: "I used to have a hard time being in a girlband because of my confidence so I'd talk to **MEL B** about it."

"We have been speaking for the past year. It's going to be really special when we actually meet."

HARRY REDKNAPP can't take the family to footie - because he gets sworn at. The QPR boss says: "The abuse is terrible - the obscenities too much. I wouldn't let my grandchildren come because I don't want them to hear me called a c*** for the whole game."

her Natalie

Gig



EXPECT lots of screaming when **THE SATURDAYS**, **ALEXA GODDARD** and **5 SECONDS OF SUMMER** play Liverpool's Echo Arena on Wednesday.

Exhibit



ELVIS PRESLEY left the building in 1977 but proof exists that he lives on - in Elvis At The O2, an exhibition of his life. Fans will be all shook up when it opens in London on Friday.

Awards



MWAH, mwah! It's the Moët British Independent Film Awards in London tonight. **MICHAEL FASSBENDER**, **BENEDICT CUMBERBATCH** and **KEIRA KNIGHTLEY** could all be winners.